

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'		
07:30	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
08:30	Virtual FightE1 45'	Virtual BurnE1 45'		Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
09:30	V-CrossE1 45'	V-MindE1 45'	GAPE1 45'	V-FightE1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
10:30	PilatesE1 45'	ZumbaE1 45'	V-YogaE1 45'	V-PowerE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual cyclingE2 45'
10:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual FightE1 45'
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:30	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
13:30	Virtual FightE1 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'		
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
15:30	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual FightE1 45'		
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
16:30	Virtual FightE1 45'				Virtual MindE1 45'		
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30						Virtual MindE1 45'	Virtual PowerE1 45'
18:00	V-CrossE1 30'	V-MetconE1 30'	V-CrossE1 30'	V-MetconE1 30'			
18:30	V-PowerE1 45'	cyclingE2 45'	Virtual cyclingE2 45'	GAPE1 45'	ZumbaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	cyclingE2 45'	V-PowerE1 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual FightE1 45'
19:30	cyclingE2 45'	cyclingE2 45'	GAPE1 45'	Virtual cyclingE2 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	V-CrossE1 45'	GAPE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual MindE1 45'
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30		Virtual PowerE1 45'		Virtual BurnE1 45'	Virtual MindE1 45'		
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:30	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'		

VivaGym ALFAFAR - Válido desde el 27 de julio



RESERVA TU CLASE

DESDE

TU ÁREA

DE CLIENTE EN

VIVAGYM.COM O EN LA APP

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL