

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	V-PowerE1 45'	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30		V-YogaE1 45'			Virtual cyclingE2 45'		
10:30	PilatesE1 45'	cyclingE2 45'	Virtual cyclingE2 45'	ZumbaE1 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'
10:30	Virtual cyclingE2 45'			cyclingE2 45'			
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	ZumbaE1 45'		V-PowerE1 45'		V-YogaE1 45'		
15:30	Virtual cyclingE1 45'	cyclingE2 45'	Virtual cyclingE1 45'	cyclingE2 45'	Virtual cyclingE1 45'		
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30	V-CrossBOX 30'						
18:00	ABSBOX 15'						
18:30	V-PowerE1 45'	PilatesE1 45'	GAP E1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
19:30	GAP E1 45'	ZumbaE1 45'	V-CrossBOX 30'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'			
20:00			ABSBOX 15'				
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym TRES CRUCES - Válido desde el 20 de julio

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DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES