

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:15	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	GAPE1 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual FightE1 45'
09:30	GAPE1 45'	Fit MovesE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	PilatesE1 45'		
10:30					Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
15:00	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
15:00				Virtual cyclingE2 45'	Virtual FightE1 45'		
17:15	PilatesE1 45'	Fit MovesE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'		
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:15	V-PowerE1 45'	V-BurnE1 45'	Fit MovesE1 45'	GAPE1 45'	Virtual PowerE1 45'		
18:30	V-CrossBOX 30'	V-MetconBOX 30'	V-CrossBOX 30'			Virtual FightE1 45'	Virtual PowerE1 45'
19:15	Fit MovesE1 45'	GAPE1 45'	V-PowerE1 45'	V-PowerE1 45'			
19:30	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
20:15	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'		
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym TERRASSA CAN PALET - Válido desde el 20 de julio

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DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES