

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:30	cyclingE2 45'	V-PowerE1 45'	cyclingE2 45'	V-PowerE1 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	PilatesE1 45'	V-YogaE1 45'	Virtual MindE1 45'	V-YogaE1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:00		V-MetconBOX 30'	V-MetconBOX 30'				
11:30		ABSESOF 15'	ABSESOF 15'			virtual cyclingE2 45'	virtual cyclingE2 45'
12:30	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
12:30		Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	Virtual MindE1 45'	Virtual FightE1 45'	Virtual MindE1 45'		Virtual FightE1 45'		
16:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:15	V-CrossBOX 30'	V-PowerE1 45'	V-MetconBOX 30'	V-PowerE1 45'			
17:45	ABSESOF 15'		ABSESOF 15'				
18:00	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:15	V-PowerE1 45'	V-BurnE1 45'	V-PowerE1 45'		GAPE1 45'		Virtual FightE1 45'
19:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:15	V-MetconBOX 30'	PilatesE1 45'	V-CrossBOX 30'	ZumbaE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual BurnE1 45'
19:15			Virtual FightE1 45'				
19:45	ABSESOF 15'		ABSESOF 15'				
20:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:15	Virtual BurnE1 45'	ZumbaE1 45'	Virtual PowerE1 45'	PilatesE1 45'			
21:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:15		Virtual FightE1 45'	Virtual BurnE1 45'				

VivaGym MANDARACHE - Válido desde el 6 de julio

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DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES