

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:15	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
09:30	V-MindE1 45'	V-PowerE1 45'	V-BurnE1 45'	V-PowerE1 45'	PilatesE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
10:30	Virtual BurnE1 45'	Virtual cyclingE1 45'	Virtual MindE1 45'	Virtual cyclingE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'
11:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
12:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
14:15	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
15:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
18:15	V-PowerE1 45'	V-MindE1 45'	V-BurnE1 45'	PilatesE1 45'	Virtual PowerE1 45'		
19:15	V-MindE1 45'	V-PowerE1 45'	V-CrossSOF 30'	cyclingE2 45'	Virtual FightE1 45'		
19:45			ABS SOF 15'				
20:15	cyclingE2 45'	cyclingE2 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'		
21:15	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		

VivaGym VENTAS - Válido desde el 20 de julio

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DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES