

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:30	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30		GAPE1 45'		V-PowerE1 45'	V-MindE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'
10:30	PilatesE1 45'	cyclingE2 45'	V-MindE1 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	Virtual cyclingE2 45'		Virtual cyclingE2 45'		V-CrossBOX 45'	Virtual FightE1 45'	
11:30	V-PowerE1 45'	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual cyclingE2 45'		Virtual cyclingE2 45'			Virtual PowerE1 45'	Virtual PowerE1 45'
13:30					Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	V-BurnE1 45'	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	V-CrossBOX 45'		
15:30	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
15:30		Virtual cyclingE2 45'					
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30					V-PowerE1 45'		
18:30	V-PowerE1 45'	V-FightE1 45'	PilatesE1 45'	cyclingE2 45'	PilatesE1 45'		
18:30		Virtual cyclingE2 45'					
19:30	cyclingE2 45'	cyclingE1 45'	V-PowerE1 45'	V-PowerE1 45'			
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			

VivaGym ABANDO - Válido desde el 6 de julio

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DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES