

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
09:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'				
09:30	PilatesE1 45'	Virtual BurnE1 45'	V-PowerE1 45'		cyclingE2 45'	Virtual CyclingE2 45'	
09:30					Virtual BurnE1 45'		
10:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'
10:30	GAPE1 45'	PilatesE1 45'	PilatesE1 45'	Virtual BurnE1 45'		Virtual PowerE1 45'	Virtual BurnE1 45'
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'		virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual PowerE1 45'	GAPE1 45'			Virtual MindE1 45'		
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual FightE1 45'	Virtual cyclingE2 45'	
14:30	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'				
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual CyclingE2 45'	
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual CyclingE2 45'	Virtual CyclingE2 45'	
17:30	GAPE1 45'	V-PowerE1 45'	Virtual cyclingE2 45'		Virtual CyclingE2 45'	Virtual CyclingE2 45'	
17:30			V-CrossE3 45'				
17:45	V-CrossE3 45'						
18:30	cyclingE2 45'	PilatesE1 45'	cyclingE2 45'		Virtual BurnE1 45'	Virtual cyclingE2 45'	
19:30	V-PowerE1 45'	cyclingE2 45'	V-PowerE1 45'				
20:30	PilatesE1 45'	GAPE1 45'	PilatesE1 45'				
21:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual CyclingE2 45'		

VivaGym POZUELO EL TORREÓN - Válido desde el 13 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES