

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:00	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
08:30		Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
09:00	cyclingE2 45'	V-PowerE1 45'	V-CrossSOF 45'	cyclingE2 45'	GAP E1 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
10:00	Fit MovesE1 45'	cyclingE2 45'	ZumbaE1 45'	V-PowerE1 45'	PilatesE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'
11:00	ZumbaE1 45'	PilatesE1 45'	V-PowerE1 45'	V-MindE1 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual PowerE1 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
16:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
17:00	The Boxer ClubTBC 60'	Virtual cyclingE2 45'	The Boxer ClubTBC 60'		Virtual CyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
17:00	V-CrossSOF 45'	The Boxer ClubTBC 60'	cyclingE2 45'		The Boxer ClubTBC 60'		
17:15	PilatesE1 45'	V-PowerE1 45'		PilatesE1 45'	V-CrossSOF 45'	Virtual BurnE1 45'	Virtual PowerE1 45'
18:00	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	Virtual CyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	cyclingE2 45'	cyclingE2 45'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'			
18:15	V-PowerE1 45'	V-FightE1 45'	V-BurnE1 45'	ZumbaE1 45'	cyclingE2 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
19:00	The Boxer ClubTBC 60'		The Boxer ClubTBC 60'	The Boxer ClubTBC 60'		Virtual CyclingE2 45'	Virtual CyclingE2 45'
19:15	ZumbaE1 45'	V-MindE1 45'	ZumbaE1 45'	cyclingE2 45'	V-PowerE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'
20:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'		Virtual cyclingE2 45'		
20:15	GAP E1 45'	ZumbaE1 45'	V-PowerE1 45'	GAP E1 45'			

VivaGym SIETE PALMAS - Válido desde el 13 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES