

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
06:30				Virtual BurnE1 45'			
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual FightE1 45'		Virtual PowerE1 45'		Virtual MindE1 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	PilatesE1 45'	V-BurnE1 45'	GAP E1 45'		V-PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'
10:30	V-PowerE1 45'	cyclingE2 45'	PilatesE1 45'	V-BurnE1 45'	GAP E1 45'	Virtual PowerE1 45'	Virtual FightE1 45'
12:30	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'		
14:00	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual FightE1 45'		
15:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
15:00	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'				
17:30	V-MetconBOX 30'	V-CrossBOX 30'					
18:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	Dance MovesE1 45'	V-PowerE1 45'	Virtual FightE1 45'	V-PowerE1 45'	PilatesE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'
19:15	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	V-PowerE1 45'	Dance MovesE1 45'	PilatesE1 45'	Virtual FightE1 45'	Dance MovesE1 45'		
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	V-MindE1 45'	GAP E1 45'	V-PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'		
21:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
21:30		Virtual PowerE1 45'		Virtual BurnE1 45'			

VivaGym ARTURO SORIA - Válido desde el 20 de julio

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- CUERPO-MENTE VIRTUAL
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- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
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- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES