

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
07:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
08:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual CyclingE1 45'	Virtual cyclingE1 45'
09:30	V-PowerE1 45'	V-CrossBOX 45'	V-PowerE1 45'	PilatesE1 45'	GAP E1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
10:30	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual MindE1 45'	Virtual FightE1 45'
11:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
12:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
13:30	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'		
15:30	Virtual FightE1 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'		
16:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual CyclingE1 45'		
17:30	GAP E1 45'	GAP E1 45'	PilatesE1 45'	V-CrossBOX 45'	Virtual PowerE1 45'		
18:30	PilatesE1 45'	V-CrossBOX 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual MindE1 45'		
19:30	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		

VivaGym TERRASSA RIERA - Válido desde el 13 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES