

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30		Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
07:30		Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
08:30		Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'		
09:30		V-CrossBOX 45'	V-BurnE1 45'	GAP E1 45'	PilatesE1 45'	Virtual CyclingE1 45'	Virtual CyclingE1 45'
10:30		Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'	Virtual CyclingE1 45'	Virtual PowerE1 45'	Virtual CyclingE1 45'
11:30	Virtual FightE1 45'	Virtual cyclingE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual CyclingE1 45'	Virtual FightE1 45'	Virtual CyclingE1 45'
12:30	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual CyclingE1 45'	Virtual CyclingE1 45'	Virtual PowerE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
13:30			V-HybridBOX 45'	Virtual PowerE1 45'	V-PowerE1 45'		
14:30		Virtual cyclingE1 45'	Virtual FightE1 45'	Virtual cyclingE1 45'	Virtual BurnE1 45'		
15:30		V-BurnE1 45'	Virtual cyclingE1 45'	V-PowerE1 45'	Virtual MindE1 45'		
16:30		Fit MovesE1 45'	Virtual MindE1 45'	Virtual cyclingE1 45'	Virtual PowerE1 45'		
17:30		V-CrossBOX 45'	GAP E1 45'	Virtual FightE1 45'	Virtual cyclingE1 45'		
18:30		V-PowerE1 45'	V-HybridBOX 45'	V-CrossBOX 45'	GAP E1 45'		
18:30		V-HybridBOX 30'					
19:30		V-BurnE1 45'	PilatesE1 45'	Virtual PowerE1 45'	Virtual cyclingE1 45'		

VivaGym TERRASSA RIERA - Válido desde el 12 de octubre

DATE AMOR Y
RESERVA TU CLASE



DESDE TU ÁREA DE CLIENTE
EN VIVAGYM.COM
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CUERPO-MENTE

CUERPO-MENTE VIRTUAL

CARDIO

CARDIO VIRTUAL

CYCLING

CYCLING VIRTUAL

TONIFICACIÓN

TONIFICACIÓN VIRTUAL

COREOGRAFIADAS

FUNCIONAL

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