

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
06:45	V-PowerE1 45'	V-FightE1 45'	GAPE1 45'	V-BurnE1 45'			
07:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Power cyclingE1 45'		
07:45		V-CrossBOX 30'	V-MetconBOX 30'	V-CrossBOX 30'			
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	PilatesE1 45'	Virtual cyclingE2 45'	ZumbaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	V-FightE1 45'	V-MetconSOF 30'		
10:30	cyclingE1 45'	V-MindE1 45'	V-PowerE1 45'	GAPE1 45'	V-YogaE1 45'		
11:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:45	V-CrossBOX 30'	GAPE1 30'	V-CrossBOX 30'				
14:30	GAPE1 45'	V-PowerE1 45'	V-FightE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'				
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	ZumbaE1 45'	V-YogaE1 45'	V-FightE1 45'	PilatesE1 45'	ZumbaE1 45'		
18:15	cyclingE2 45'	Power cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	V-MetconBOX 30'		V-MetconBOX 30'				
19:00	V-MindE1 45'	V-FightE1 45'	ABSSOF 15'	GAPE1 45'	V-FightE1 45'		
19:00	ABSSOF 15'		V-PowerE1 45'				
19:15	Power cyclingE2 45'	Virtual cyclingE2 45'	Power cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	V-CrossBOX 30'	V-MetconBOX 30'	V-CrossBOX 30'				
20:00	V-PowerE1 45'	ABSSOF 15'	ABSSOF 15'	V-FightE1 45'	V-PowerE1 45'		
20:00	ABSSOF 15'		PilatesE1 45'				
20:15	cyclingE2 45'	Power cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	V-MetconBOX 30'	V-CrossBOX 30'	V-MetconBOX 30'				
21:00	ABSSOF 15'	ABSSOF 15'	ABSSOF 15'				
21:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym LAS TABLAS SUR - Válido desde el 20 de julio



RESERVA TU CLASE

DESDE

TU ÁREA

DE CLIENTE EN

VIVAGYM.COM O EN LA APP

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL