

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
07:00	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
08:00		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
08:30	PilatesE1 45'		PilatesE1 45'	V-PowerE1 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:30	GAPE1 45'	V-MindE1 45'	V-BurnE1 45'	V-FightE1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
10:30		V-PowerE1 45'			V-BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual cyclingE2 45'		Virtual cyclingE2 45'			Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:15	V-BurnE1 45'	PilatesE1 45'	GAPE1 45'	DanceE1 45'	V-PowerE1 45'		
19:15	cyclingE2 45'	Virtual cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:15	V-FightE1 45'	DanceE1 45'	V-PowerE1 45'	PilatesE1 45'			
20:15	V-MetconSOF 30'	V-PowerE1 45'	V-CrossSOF 30'	V-BurnE1 45'			
20:15	V-MindE1 45'		V-FightE1 45'				
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:45	ABSSOF 15'		ABSSOF 15'				

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RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES