

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15		Virtual cyclingE2 45'		V-HybridBOX 30'			
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:00		ABSBBOX 15'					
09:30	V-PowerE1 45'	ZumbaE1 45'	GAPE1 45'	ZumbaE1 45'	V-PowerE1 45'		
09:45	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	cyclingE2 45'	V-BurnE1 45'	PilatesE1 45'	V-PowerE1 45'	V-MindE1 45'		
11:00		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	V-MindE1 45'		V-PowerE1 45'	StretchingE1 45'			
12:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	V-CrossBOX 30'	V-FightE1 45'	V-HybridBOX 30'	V-BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			
15:30	V-MindE1 45'	V-PowerE1 45'	GAPE1 45'	Virtual cyclingE2 45'	V-PowerE1 45'		
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:00	ABSBBOX 15'		ABSBBOX 15'				
17:30	ZumbaE1 45'	V-PowerE1 45'	PilatesE1 45'	V-FightE1 45'	GAPE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:45	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:00		ABSBBOX 15'					
18:30	GAPE1 45'	V-CrossBOX 30'	V-CrossBOX 30'	V-PowerE1 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	V-HybridBOX 30'	V-MindE1 45'	ZumbaE1 45'				
19:00		Run Club (Romareda)OUT 60'		Run Club (Romareda)OUT 60'			
19:15	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'		
19:30	V-FightE1 45'	ZumbaE1 45'	V-PowerE1 45'	V-MindE1 45'			
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	V-PowerE1 45'	V-BurnE1 45'	GAPE1 45'	ZumbaE1 45'			

VivaGym ACTUR - Válido desde el 5 de octubre



- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

XPRESS
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL