

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual PowerE1 45'	V-HybridBOX 30'	Virtual PowerE1 45'	V-HybridBOX 30'	Virtual PowerE1 45'		
09:00	ABSSOF 15'	ABSSOX 15'	ABSSOF 15'	ABSSOX 15'	ABSSOX 15'		
09:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	V-PowerE1 45'	PilatesE1 45'	V-BurnE1 45'	V-MindE1 45'	Fit MovesE1 45'	V-PowerE1 45'	Virtual MindE1 45'
10:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	V-MindE1 45'	GAPE1 45'	V-YogaE1 45'	V-PowerE1 45'	PilatesE1 45'	PilatesE1 45'	Virtual PowerE1 45'
11:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'		
12:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
13:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
14:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
14:30	V-HybridBOX 45'	Virtual PowerE1 45'	V-CrossBOX 45'	Virtual PowerE1 45'	V-HybridBOX 45'		
15:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
16:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
17:00	V-PowerE1 45'	V-YogaE1 45'	V-PowerE1 45'	V-BurnE1 45'	Virtual MindE1 45'		
17:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:00	PilatesE1 45'	V-BurnE1 45'	V-MindE1 45'	V-PowerE1 45'	V-PowerE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'
18:15	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:00	DanceE1 45'	V-PowerE1 45'	V-FightE1 45'	PilatesE1 45'			
19:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	CyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	ABSSOF 15'	V-HybridBOX 30'	ABSSOF 15'	V-HybridBOX 30'			
20:00	V-FightE1 45'	GAPE1 45'	DanceE1 45'	ABSSOX 15'			
20:00		ABSSOX 15'		V-FightE1 45'			
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:00	V-PowerE1 45'	Fit MovesE1 45'	V-PowerE1 45'	Virtual PowerE1 45'			
21:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'			

VivaGym CARTAGENA CENTRO - Válido desde el 5 de octubre

DATE AMOR Y
RESERVA TU CLASE



DESDE TU ÁREA DE CLIENTE
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CUERPO-MENTE

CUERPO-MENTE VIRTUAL

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CARDIO VIRTUAL

CYCLING

CYCLING VIRTUAL

TONIFICACIÓN

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