

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
06:45	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
06:45		Virtual cyclingE2 45'		Virtual cyclingE2 45'			
07:45	Virtual YogaE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:45	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual FightE1 45'		
08:45	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	V-PowerE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	V-BurnE1 45'	V-PowerE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
09:45	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	ABSE1 15'			ABSE1 15'	ABSE1 15'		
11:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	GAPE1 45'	Virtual cyclingE2 45'	Virtual FightE1 45'	Virtual cyclingE2 45'
11:00	PilatesE1 45'	V-BurnE1 45'	Virtual YogaE1 45'	Virtual cyclingE2 45'	V-MindE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'
12:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual FightE1 45'
12:00	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual YogaE1 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'
13:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:00	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual YogaE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'
13:45	V-BoxingE1 30'	V-MetconBOX 30'					
14:30	Virtual cyclingE2 45'	V-BurnE1 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual PowerE1 45'
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:00	V-BurnE1 45'	V-PowerE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	V-BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	V-PowerE1 45'	PilatesE1 45'	V-YogaE1 45'	V-PowerE1 45'	V-FightE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
18:15		V-CrossSOF 30'	V-MetconBOX 30'				
18:30	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:45		ABSE1 15'	ABSE1 15'				
19:00	V-YogaE1 45'	ZumbaE1 45'	GAPE1 45'	V-FightE1 45'	V-PowerE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'
19:15	V-CrossSOF 30'	V-MetconBOX 30'					
19:30	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:45	ABSE1 15'	ABSE1 15'					
20:00	GAPE1 45'	V-PowerE1 45'	ZumbaE1 45'	V-MindE1 45'	ZumbaE1 45'		
20:15	V-MetconBOX 30'		V-CrossSOF 30'				
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:45	ABSE1 15'		ABSE1 15'				
21:00	V-MindE1 45'	V-BurnE1 45'	V-PowerE1 45'		Virtual FightE1 45'		
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		