

| Inicio | Lunes                             | Martes                            | Miércoles                         | Jueves                            | Viernes                           | Sábado                            | Domingo                           |
|--------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| 07:00  | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |                                   |                                   |
| 08:30  | V-Power <div>E1 45'</div>         | Pilates <div>E1 45'</div>         | GAP <div>E1 45'</div>             |                                   |                                   |                                   |                                   |
| 09:00  | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |
| 09:30  | Pilates <div>E1 45'</div>         | V-Power <div>E1 45'</div>         | V-Mind <div>E1 45'</div>          | Dance <div>E1 45'</div>           | V-Burn <div>E1 45'</div>          |                                   |                                   |
| 10:00  | Virtual cycling <div>E2 30'</div> |                                   | Virtual cycling <div>E2 30'</div> | Virtual cycling <div>E2 30'</div> | Virtual cycling <div>E2 30'</div> | Virtual cycling <div>E2 30'</div> | Virtual cycling <div>E2 30'</div> |
| 10:30  | Dance <div>E1 45'</div>           | cycling <div>E2 45'</div>         | V-Power <div>E1 45'</div>         | cycling <div>E2 45'</div>         | V-Yoga <div>E1 45'</div>          | V-Power <div>E1 45'</div>         |                                   |
| 11:15  | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |                                   | Virtual cycling <div>E2 45'</div> |
| 11:30  | V-Burn <div>E1 45'</div>          | V-Mind <div>E1 45'</div>          | V-Fight <div>E1 45'</div>         |                                   |                                   | cycling <div>E2 45'</div>         |                                   |
| 12:00  | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |                                   | Virtual cycling <div>E2 45'</div> |
| 14:30  | V-Power <div>E1 45'</div>         | Pilates <div>E1 45'</div>         | GAP <div>E1 45'</div>             |                                   |                                   |                                   |                                   |
| 17:00  | V-Mind <div>E1 45'</div>          | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | GAP <div>E1 45'</div>             | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |
| 17:00  | Virtual cycling <div>E2 45'</div> | GAP <div>E1 45'</div>             | V-Power <div>E1 45'</div>         | V-Yoga <div>E1 45'</div>          | Virtual cycling <div>E2 45'</div> |                                   |                                   |
| 18:00  | ABS <div>SOF 15'</div>            | V-Power <div>E1 45'</div>         | ABS <div>SOF 15'</div>            | GAP <div>E1 45'</div>             | Pilates <div>E1 45'</div>         |                                   |                                   |
| 18:00  | V-Burn <div>E1 45'</div>          |                                   | Pilates <div>E1 45'</div>         |                                   |                                   |                                   |                                   |
| 18:15  | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |
| 18:30  | V-Cross <div>BOX 30'</div>        |                                   | V-Hybrid <div>BOX 30'</div>       |                                   |                                   |                                   |                                   |
| 19:00  | Dance <div>E1 45'</div>           | V-Mind <div>E1 45'</div>          | V-Power <div>E1 45'</div>         | V-Fight <div>E1 45'</div>         | V-Power <div>E1 45'</div>         |                                   |                                   |
| 19:00  |                                   | ABS <div>SOF 15'</div>            |                                   | ABS <div>SOF 15'</div>            |                                   |                                   |                                   |
| 19:15  | cycling <div>E2 45'</div>         | Virtual cycling <div>E2 45'</div> | cycling <div>E2 45'</div>         | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> | Virtual cycling <div>E2 45'</div> |
| 19:30  |                                   | V-Hybrid <div>BOX 30'</div>       |                                   | V-Cross <div>BOX 30'</div>        |                                   |                                   |                                   |
| 20:00  | V-Power <div>E1 45'</div>         | Dance <div>E1 45'</div>           | Pilates <div>E1 45'</div>         | V-Burn <div>E1 45'</div>          |                                   |                                   |                                   |
| 20:15  | Virtual cycling <div>E2 45'</div> | cycling <div>E2 45'</div>         | Virtual cycling <div>E2 45'</div> | cycling <div>E2 45'</div>         | Virtual cycling <div>E2 45'</div> |                                   |                                   |
| 20:30  | ABS <div>SOF 15'</div>            |                                   | ABS <div>SOF 15'</div>            |                                   |                                   |                                   |                                   |
| 21:00  | V-Fight <div>E1 45'</div>         | V-Power <div>E1 45'</div>         | Dance <div>E1 45'</div>           | V-Yoga <div>E1 45'</div>          |                                   |                                   |                                   |

VivaGym LA LOMA - Válido desde el 19 de octubre

DATE AMOR Y  
RESERVA TU CLASE



DESDE TU ÁREA DE CLIENTE  
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CUERPO-MENTE

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CARDIO VIRTUAL

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CYCLING VIRTUAL

TONIFICACIÓN

TONIFICACIÓN VIRTUAL

COREOGRAFIADAS

FUNCIONAL

XPRESS