

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	PilatesE1 45'	V-PowerE1 45'	V-MindE1 45'	GAP E1 45'			
10:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	DanceE1 45'		V-PowerE1 45'		V-PowerE1 45'		
11:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	V-BurnE1 45'	V-MindE1 45'	V-FightE1 45'	V-PowerE1 45'	V-YogaE1 45'		
12:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	V-PowerE1 45'	V-CrossSOF 30'	PilatesE1 45'	V-MetconBOX 30'	V-PowerE1 45'		
18:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:00	DanceE1 45'	V-MindE1 45'	V-BurnE1 45'	V-FightE1 45'	PilatesE1 45'		
19:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
20:00	V-PowerE1 45'	DanceE1 45'	V-YogaE1 45'	Power cyclingE2 45'			
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
21:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym LA LOMA - Válido desde el 20 de julio

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- CARDIO VIRTUAL
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- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES