

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	V-PowerE1 45'	V-FightE1 45'	GAPE1 45'	Fit MovesE1 45'	CyclingE2 45'		
10:30	V-MetconBOX 30'	ZumbaE1 45'		PilatesE1 45'	V-PowerE1 45'		Virtual CyclingE2 45'
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:15	V-PowerE1 45'	ZumbaE1 45'			Fit MovesE1 45'		
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual CyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
18:15	PilatesE1 45'	cyclingE2 45'	V-PowerE1 45'	V-FightE1 45'	ZumbaE1 45'		
19:15	Power CyclingE2 45'	V-YogaE1 45'	V-FightE1 45'	V-PowerE1 45'			
20:15	ZumbaE1 45'	V-PowerE1 45'	V-MetconBOX 30'				
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym ISLAZUL - Válido desde el 27 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES