

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	ZumbaE1 45'	V-PowerE1 45'	V-MindE1 45'	V-FightE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	V-BurnE1 45'		
10:30	Virtual cyclingE2 45'	V-MindE1 45'	Virtual cyclingE2 45'	ZumbaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	V-PowerE1 45'	Virtual cyclingE2 45'	V-PowerE1 45'	Virtual cyclingE2 45'	V-YogaE1 45'		
11:30	PilatesE1 45'	GAPE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'					
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30	ZumbaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	ZumbaE1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30	Virtual cyclingE2 45'	V-MindE1 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:30					The Boxer ClubTBC 60'		
17:45	V-MetconBOX 30'						
18:30	PilatesE1 45'	ZumbaE1 45'	GAPE1 45'	Virtual cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	V-PowerE1 45'	The Boxer ClubTBC 60'		
18:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	V-CrossSOF 30'			
18:30				The Boxer ClubTBC 60'			
19:00				ABS SOF 15'			
19:30	cyclingE2 45'	cyclingE2 45'	V-FightE1 45'	V-MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	V-PowerE1 45'		
19:30			Virtual cyclingE2 45'	Virtual cyclingE2 45'			
20:30	V-PowerE1 45'	The Boxer ClubTBC 60'	V-YogaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	Virtual cyclingE2 45'	V-BurnE1 45'	Virtual cyclingE2 45'	The Boxer ClubTBC 60'			
20:30	The Boxer ClubTBC 60'	Virtual cyclingE2 45'	The Boxer ClubTBC 60'				
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym AV. CATALUÑA - Válido desde el 6 de julio



RESERVA TU CLASE  DESDE
TU ÁREA  DE CLIENTE EN
VIVAGYM.COM O EN LA APP 

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL