

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
06:15	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
07:15	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:15	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'
08:15	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'
09:30	PilatesE1 45'	Virtual PowerE1 45'	PilatesE1 45'	Virtual MindE1 45'	V-YogaE1 45'		
10:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual YogaE1 45'
10:00						Virtual BurnE1 45'	Virtual cyclingE2 45'
11:00						Virtual YogaE1 45'	Virtual BurnE1 45'
11:00						Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:00						Virtual PowerE1 45'	Virtual MindE1 45'
13:30	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual YogaE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual YogaE1 45'	Virtual PowerE1 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	Virtual PowerE1 45'	Virtual YogaE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual YogaE1 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'
17:00	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual BurnE1 45'
17:00	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual YogaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	V-PowerE1 45'	Fit MovesE1 45'	PilatesE1 45'	GAP E1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
18:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:00	V-BurnE1 45'	PilatesE1 45'	GAP E1 45'	PilatesE1 45'	Virtual MindE1 45'	Virtual YogaE1 45'	Virtual PowerE1 45'
19:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
20:00	V-CrossE1 45'	GAP E1 45'	V-PowerE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'		
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:00	PilatesE1 45'	Virtual MindE1 45'	Virtual YogaE1 45'	Virtual MindE1 45'	Virtual YogaE1 45'		
21:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym CASTELLANA - Válido desde el 27 de julio



RESERVA TU CLASE

DESDE

TU ÁREA DE CLIENTE EN

VIVAGYM.COM O EN LA APP

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL