

HORARIO DE ACTIVIDADES DIRIGIDAS



Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
08:15	Virtual BurnE1 45'	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
09:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'
09:15	V-PowerE1 45'	PilatesE1 45'	V-PowerE1 45'	V-MindE1 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'
10:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:15	PilatesE1 45'	GAPE1 45'	DanceE1 45'	V-PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
11:15	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual FightE1 45'
11:15	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'
12:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:15	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'
13:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'
15:30	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
15:30		V-CrossBOX 30'		V-MetconBOX 30'			
16:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
16:30	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'
17:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:30	V-PowerE1 45'	PilatesE1 45'	Virtual PowerE1 45'	PilatesE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'
18:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:30	V-BurnE1 45'	V-PowerE1 45'	V-FightE1 45'	V-PowerE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
19:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:30	V-FightE1 45'	DanceE1 45'	V-BurnE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual FightE1 45'		
21:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:30	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		

VivaGym SARRIKO - Válido desde el 27 de julio



RESERVA TU CLASE  DESDE
TU ÁREA  DE CLIENTE EN
VIVAGYM.COM O EN LA APP 

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL