

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:30	cyclingE2 45'	PilatesE1 45'	GAP E1 45'	V-CrossE1 45'	Virtual MindE1 45'		
09:30			Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
10:30	Virtual cyclingE2 45'	V-CrossE1 45'	PilatesE1 30'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	
10:30	GAP E1 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
11:30	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual FightE1 45'		
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30		Virtual PowerE1 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'		
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			
17:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:30	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'		
18:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:30	PilatesE1 45'	V-PowerE1 45'	cyclingE2 45'	Virtual MindE1 45'	Virtual FightE1 45'		
19:30	cyclingE2 45'	V-CrossE1 45'	V-PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'		
20:00		Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
20:30	Virtual PowerE1 45'	Virtual FightE1 45'		Virtual PowerE1 45'	Virtual MindE1 45'		
21:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym ALCALÁ EL VAL - Válido desde el 27 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES