

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:00	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'		
08:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:00	V-PowerE1 45'	Fit MovesE1 45'	PilatesE1 45'	Fit MovesE1 45'	GAPE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'
11:00	V-CrossBOX 30'	GAPE1 45'	V-PowerE1 45'	PilatesE1 45'	V-CrossBOX 30'	Virtual FightE1 45'	Virtual PowerE1 45'
12:00	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:00	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual BurnE1 45'		
15:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
16:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:00	V-PowerE1 45'	cyclingE2 45'	V-BurnE1 45'	Fit MovesE1 45'	GAPE1 45'		
18:00	Fit MovesE1 45'	V-BurnE1 45'	cyclingE2 45'	V-PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
19:00	PilatesE1 45'	Fit MovesE1 45'	V-MindE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE1 45'	Virtual cyclingE1 45'
20:00	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'		
21:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym MADRID RÍO - Válido desde el 27 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES