

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:00	V-MetconBOX 30'	V-CrossBOX 30'		V-MetconBOX 30'	V-CrossBOX 30'		
07:30	Virtual cyclingE2 45'	ABSBOX 15'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	ABSBOX 15'		
07:30	ABSBOX 15'	Virtual cyclingE2 45'		ABSBOX 15'	Virtual cyclingE2 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
09:30	V-PowerE1 45'	cyclingE2 45'	PilatesE1 45'	Virtual cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	PilatesE1 45'	Virtual cyclingE2 45'	V-PowerE1 45'	V-MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30	V-MetconBOX 30'	Virtual cyclingE2 45'	V-CrossBOX 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30			Virtual cyclingE2 45'				
14:00	cyclingE2 45'	V-PowerE1 45'					
15:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
16:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
17:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:15	V-MetconBOX 30'	V-PowerE1 45'	V-MetconBOX 30'	V-PowerE1 45'			
18:30	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:15	PilatesE1 45'	V-MetconBOX 30'	V-PowerE1 45'	V-MetconBOX 30'			
19:15		V-FightE1 45'					
19:30					Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:45		ABSBOX 15'		ABSBOX 15'			
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym SALERA - Válido desde el 20 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES