

HORARIO DE ACTIVIDADES DIRIGIDAS



Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual FightE1 45'		
09:30	PilatesE1 45'	V-BurnE1 45'	V-MindE1 45'	V-PowerE1 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
10:30	V-PowerE1 45'	V-MindE1 45'	Virtual cyclingE2 45'	PilatesE1 45'	GAP E1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	V-CrossSOF 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual MindE1 45'
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	V-BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:30						Virtual FightE1 45'	Virtual PowerE1 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual MindE1 45'		
15:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:00	V-PowerE1 45'	V-MindE1 45'	GAP E1 45'	PilatesE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	Virtual BurnE1 45'	V-PowerE1 45'	cyclingE2 45'	GAP E1 45'	V-PowerE1 45'		
18:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
19:00	PilatesE1 45'	V-FightE1 45'	PilatesE1 45'	V-FightE1 45'			
19:30		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
20:00	cyclingE2 45'	PilatesE1 45'	V-PowerE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
20:15				ABS SOF 15'			
20:30		Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym SANTA ANA - Válido desde el 20 de julio

RESERVA TU CLASE

DESDE

TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL