

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:00	GAPSOF 30'	V-CrossSOF 30'	V-PowerSOF 30'	V-CrossSOF 30'	PilatesSOF 30'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'
09:30	V-PowerE1 45'	ZumbaE1 45'	PilatesE1 45'	ZumbaE1 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'
09:30		The Boxer ClubTBC 60'		The Boxer ClubTBC 60'			
10:30	PilatesE1 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual FightE1 45'
10:30	Virtual cyclingE2 45'	V-CrossBOX 30'	The Boxer ClubTBC 60'		The Boxer ClubTBC 60'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	The Boxer ClubTBC 60'	Virtual cyclingE2 45'					
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	Virtual BurnE1 45'	V-MetconSOF 30'	Virtual FightE1 45'	GAPSOF 30'	Virtual MindE1 45'		
14:30	V-CrossSOF 30'	Virtual cyclingE2 45'	V-CrossSOF 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
14:30	Virtual cyclingE2 45'		Virtual cyclingE2 45'				
16:00	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	ZumbaE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
17:30			Virtual cyclingE2 45'				
18:30	cyclingE2 45'	PilatesE1 45'	V-CrossSOF 30'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
18:30	The Boxer ClubTBC 60'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	The Boxer ClubTBC 60'		
18:30		The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'			
19:30	V-BurnE1 45'	V-PowerE1 45'	Virtual BurnE1 45'	V-PowerE1 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	
19:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
19:30	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'			
20:30	V-CrossSOF 30'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'		
20:30	Virtual cyclingE2 45'	V-CrossSOF 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	The Boxer ClubTBC 60'	Virtual cyclingE2 45'	The Boxer ClubTBC 60'				
20:30		The Boxer ClubTBC 60'					
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		

VivaGym PARQUE ABELARDO - Válido desde el 20 de julio



RESERVA TU CLASE  DESDE
TU ÁREA  DE CLIENTE EN
VIVAGYM.COM O EN LA APP 

- CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

COREOGRAFIADAS

FUNCIONAL

ABDOMINALES
- CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACIÓN VIRTUAL