

HORARIO DE ACTIVIDADES DIRIGIDAS



Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
06:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
07:15	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
07:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:15	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
08:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:30	V-PowerE1 45'	Virtual cyclingE2 45'	GAPE1 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual FightE1 45'
09:30	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Dance MovesE1 45'	PilatesE1 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'
09:30	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'		
10:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	V-MetconE1 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	Dance MovesE1 45'	PilatesE1 45'	ABSSOF 15'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'
11:30	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'
12:30	Virtual FightE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual FightE1 45'	Virtual BurnE1 45'
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
13:30	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
14:15		The Boxer ClubTBC 60'		The Boxer ClubTBC 60'			
14:30	Virtual PowerE1 45'	Virtual MindE1 45'	V-CrossBOX 30'	Virtual cyclingE2 45'	Virtual MindE1 45'		
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'		
15:30	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'		
15:30	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'			
16:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:00	PilatesE1 45'	Virtual BurnE1 45'	PilatesE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
17:30		V-CrossBOX 30'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:30		Virtual cyclingE2 45'					
18:00	Virtual FightE1 45'	V-PowerE1 45'	GAPE1 30'	V-CrossBOX 30'	Virtual YogaE1 45'		
18:00	Power cyclingE2 30'						
18:30	The Boxer ClubTBC 60'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:30		The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'		
19:00	V-PowerE1 45'	V-MetconE1 30'	ABSSOF 15'	V-MetconE1 30'	Virtual FightE1 45'		
19:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
19:30	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'			
20:00	Virtual MindE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'		
20:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	The Boxer ClubTBC 60'		The Boxer ClubTBC 60'	The Boxer ClubTBC 60'			
21:00	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'		
21:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		