

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:00	Virtual BurnE1 45'		Virtual FightE1 45'		Virtual PowerE1 45'		
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:00	V-PowerE1 45'	V-BurnE1 30'	V-PowerE1 45'	Fit MovesE1 30'	GAP E1 45'		
09:15	Virtual cyclingE2 45'			Virtual cyclingE2 45'	Virtual CyclingE2 45'		
09:30		ABSE1 15'		ABSE1 15'			
10:00	PilatesE1 45'	ZumbaE1 45'	cyclingE2 45'	V-YogaE1 45'	PilatesE1 45'	Virtual PowerE1 45'	
10:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:00	Virtual BurnE1 45'	V-YogaE1 45'	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'
11:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'
14:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual CyclingE2 45'	
14:30	Virtual PowerE1 45'		Virtual PowerE1 45'		Virtual PowerE1 45'		
17:00	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual PowerE1 45'		
17:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	
17:30						Virtual PowerE1 45'	
18:00	Fit MovesE1 30'	V-BurnE1 30'	V-YogaE1 45'	ZumbaE1 45'	V-FightE1 45'		
18:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'		
18:30	ABSE1 15'	ABSE1 15'					
19:00	ZumbaE1 45'	V-PowerE1 45'	ZumbaE1 45'	GAP E1 45'	V-PowerE1 30'		
19:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'		
19:30					ABSE1 15'		
20:00	V-PowerE1 45'	V-FightE1 45'	V-PowerE1 45'	Virtual BurnE1 45'			
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'	Virtual cyclingE2 45'		
21:00		Virtual YogaE1 45'		Virtual PowerE1 45'			
21:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual CyclingE2 45'		

VivaGym MILAGROSA - Válido desde el 13 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES