

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:30	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual PowerE1 45'		
09:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	V-PowerE1 45'	V-CrossE1 45'	ZumbaE1 45'	GAP E1 30'	V-PowerE1 45'	Virtual BurnE1 45'	Virtual BurnE1 45'
10:15			Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	V-MindE1 45'	cyclingE2 45'	V-PowerE1 45'	ABS SOF 15'	PilatesE1 45'	Virtual PowerE1 45'	Virtual PowerE1 45'
11:15			Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30	Virtual FightE1 45'	Virtual PowerE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	Virtual BurnE1 45'	Virtual MindE1 45'	Virtual YogaE1 45'
17:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:30					Virtual PowerE1 45'		
18:00	V-CrossE1 45'	PilatesE1 45'	V-BurnE1 45'				
18:15		Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		
18:30				V-MindE1 45'	V-FightE1 30'		
19:00	cyclingE2 45'	V-PowerE1 45'	GAP E1 45'				
19:15				Virtual cyclingE2 45'	Virtual cyclingE2 45'		
19:15					V-PowerE1 45'		
19:30				ZumbaE1 45'			
20:00	V-PowerE1 30'	ZumbaE1 45'	cyclingE2 45'				
20:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	ABS SOF 15'			Virtual FightE1 45'			
21:00	Virtual YogaE1 45'		Virtual PowerE1 45'		Virtual MindE1 45'		

VivaGym ODEÓN - Válido desde el 20 de julio

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DE CLIENTE EN

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O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES