

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
06:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
07:15		Virtual cyclingE2 30'		Virtual cyclingE2 30'			
08:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'		
09:30	V-PowerE1 45'	cyclingE2 45'	GAP E1 45'	PilatesE1 45'	Virtual MindE1 45'		virtual cyclingE2 45'
10:00						Virtual cyclingE2 45'	
10:30	PilatesE1 45'	V-CrossBOX 30'	ZumbaE1 45'	Virtual PowerE1 45'	V-PowerE1 45'		Virtual PowerE1 45'
11:00	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual PowerE1 45'	
11:30	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual FightE1 45'		Virtual cyclingE2 45'
12:00	Virtual cyclingE2 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual FightE1 45'
13:00	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual FightE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual MindE1 45'	
14:00	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
15:00		Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual FightE1 45'	
16:00	Virtual cyclingE2 45'		Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	
17:00	PilatesE1 45'	ZumbaE1 45'	Virtual BurnE1 45'	Virtual FightE1 45'	Virtual MindE1 45'	Virtual PowerE1 45'	
18:00	cyclingE2 45'	V-PowerE1 45'	PilatesE1 45'	GAP E1 45'	V-PowerE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
18:00	Virtual FightE1 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		
19:00	V-PowerE1 45'	PilatesE1 45'	cyclingE2 45'	cyclingE2 45'	V-CrossBOX 30'	Virtual BurnE1 45'	Virtual MindE1 45'
20:00	V-CrossBOX 30'	Virtual BurnE1 45'	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual FightE1 45'		
20:00	Virtual cyclingE2 45'	V-MetconBOX 30'	V-PowerE1 45'		Virtual cyclingE2 45'		
20:30	ZumbaE1 45'	cyclingE2 45'		Virtual cyclingE2 45'			
21:00	Virtual cyclingE2 45'	Virtual MindE1 45'	Virtual cyclingE2 45'	Virtual PowerE1 45'	Virtual cyclingE2 45'		

VivaGym LAS AMÉRICAS - Válido desde el 27 de julio

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- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
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- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES