

Inicio	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
08:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
09:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
09:30	PilatesE1 45'	cyclingE2 45'	V-PowerE1 45'				
10:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'
10:30	The Boxer ClubTBC 60'	ZumbaE1 45'	The Boxer ClubTBC 60'	GAPE1 45'	The Boxer ClubTBC 60'		
10:30	V-PowerE1 45'		PilatesE1 45'		CyclingE2 45'		
11:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	PilatesE1 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
11:30				Virtual cyclingE2 45'	V-PowerE1 45'		
12:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
13:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'
14:30	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
16:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
17:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
17:30	PilatesE1 45'	GAPE1 45'	V-PowerE1 45'	V-FightE1 45'	PilatesE1 45'		
18:15	Virtual cyclingE2 45'	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
18:30	V-FightE1 45'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	V-PowerE1 45'	V-CrossSOF 30'		
18:30	The Boxer ClubTBC 60'	ZumbaE1 45'	cyclingE2 45'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'		
19:15	Virtual cyclingE2 45'			Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'	
19:30	The Boxer ClubTBC 60'	cyclingE2 45'	PilatesE1 45'	The Boxer ClubTBC 60'			
19:30	V-PowerE1 45'	The Boxer ClubTBC 60'	The Boxer ClubTBC 60'	ZumbaE1 45'			
20:15	Virtual cyclingE2 45'		Virtual cyclingE2 45'	Virtual cyclingE2 45'	Virtual cyclingE2 45'		
20:30	V-CrossSOF 30'	V-CrossSOF 30'	The Boxer ClubTBC 60'				
20:30	The Boxer ClubTBC 60'						

VivaGym SAN FERNANDO DE HENARES - Válido desde el 27 de julio

RESERVA TU CLASE

DESDE TU ÁREA

DE CLIENTE EN

VIVAGYM.COM

O EN LA APP



- CUERPO-MENTE
- CUERPO-MENTE VIRTUAL
- CARDIO
- CARDIO VIRTUAL
- CYCLING
- CYCLING VIRTUAL
- TONIFICACIÓN
- TONIFICACIÓN VIRTUAL
- COREOGRAFIADAS
- FUNCIONAL
- ABDOMINALES