

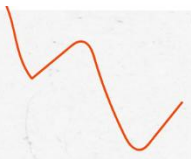


# HORARIO ACTIVIDADES DIRIGIDAS VIVAGYM SAN FERNANDO PLAZA



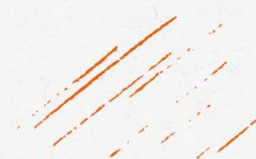
FECHA INICIO: 07/01

| INICIO | LUN             | MAR             | MIÉ             | JUE             | VIE             | SÁB             | DOM             |
|--------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 7:30   | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 8:30   | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 9:30   | V-POWER         | GAP             | V-BURN          |                 | V-POWER         | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 9:30   | VIRTUAL CYCLING | CYCLING         | VIRTUAL CYCLING | CYCLING         | VIRTUAL CYCLING |                 |                 |
| 10:30  | ZUMBA           | V-POWER         | ZUMBA           | V-POWER         | V-MIND          | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 10:30  | CYCLING         | VIRTUAL CYCLING | CYCLING         | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 11:30  | PILATES         | PILATES         |                 | V-MIND          |                 |                 |                 |
| 12:00  | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 14:00  | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 16:00  | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 17:00  | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 17:00  |                 |                 |                 |                 |                 |                 |                 |
| 17:00  | HYBRID WOD      | HYBRID WOD      | HYBRID WOD      | HYBRID WOD      |                 |                 |                 |
| 17:30  | ABS             | ABS             | ABS             | ABS             |                 |                 |                 |
| 18:00  | V-POWER         | V-BURN          | V-POWER         | V-POWER         | CYCLING         |                 |                 |
| 18:00  | VIRTUAL CYCLING | CYCLING         | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 19:00  | PILATES         | V-POWER         |                 |                 | V-POWER         |                 |                 |
| 19:00  | CYCLING         | CYCLING         | CYCLING         | CYCLING         | VIRTUAL CYCLING |                 |                 |
| 20:00  | V-BURN          | V-MIND          | PILATES         | V-MIND          |                 |                 |                 |
| 20:00  | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |
| 21:00  | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |                 |                 |



# QUERERSE MÁS EMPIEZA AQUÍ

Reserva tu clase en la App VivaGym





VivaGym tiene todos los derechos reservados, y se reservara cualquier modificacion del horario por motivos externos.



Uso obligatorio de toalla.



No se podrá acceder a la sala una vez pasados los primeros cinco minutos.

|                      |                      |                |
|----------------------|----------------------|----------------|
| CUERPO-MENTE         | CYCLING              | COREOGRAFIADAS |
| CUERPO-MENTE VIRTUAL | CYCLING VIRTUAL      | FUNCIONAL      |
| CARDIO               | TONIFICACIÓN         | ABDOMINALES    |
| CARDIO VIRTUAL       | TONIFICACIÓN VIRTUAL |                |

RESERVA TU CLASE DESDE TU ÁREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM