



# HORARIO ACTIVIDADES DIRIGIDAS

## VIVAGYM PADELEKU



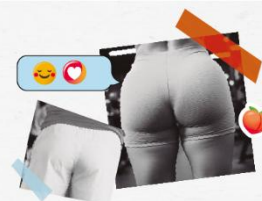
FECHA INICIO: 12/01

| INICIO | LUN             |         | MAR             |         | MIÉ             |         | JUE             |         | VIE             |         | SÁB             |        | DOM             |        |
|--------|-----------------|---------|-----------------|---------|-----------------|---------|-----------------|---------|-----------------|---------|-----------------|--------|-----------------|--------|
| 6:05   |                 |         | VIRTUAL CYCLING | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45'  |                 |         |                 |        |                 |        |
| 6:15   | VIRTUAL CYCLING | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45'  |                 |        |                 |        |
| 7:00   | GAP             | E1 45'  | CYCLING         | E2 45'  | V-POWER         | E1 45'  | V-FIGHT         | E1 45'  | CROSS WOD       | TOS 45' |                 |        |                 |        |
| 7:15   | VIRTUAL CYCLING | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  |                 |        |                 |        |
| 8:15   | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 9:00   |                 |         | CYCLING         | E2 45'  |                 |         |                 |         |                 |         |                 |        |                 |        |
| 9:15   | CYCLING         | E2 45'  |                 |         | CYCLING         | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 9:30   |                 |         |                 |         |                 |         |                 |         | CYCLING         | E2 45'  |                 |        |                 |        |
| 10:00  |                 |         | GAP             | E1 45'  |                 |         | V-POWER         | E1 45'  |                 |         | V-POWER         | E1 45' |                 |        |
| 10:15  | V-POWER         | E1 45'  |                 |         |                 |         |                 |         |                 |         |                 |        |                 |        |
| 10:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 10:30  |                 |         |                 |         |                 |         |                 |         | V-POWER         | E1 45'  |                 |        |                 |        |
| 11:00  |                 |         |                 |         |                 |         | CYCLING         | E2 45'  |                 |         | CYCLING         | E2 45' |                 |        |
| 11:15  | ZUMBA           | E1 45'  |                 |         | V-FIGHT         | E1 45'  |                 |         |                 |         |                 |        |                 |        |
| 11:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45'  |                 |        | VIRTUAL CYCLING | E2 45' |
| 11:30  |                 |         |                 |         |                 |         |                 |         | ZUMBA           | E1 45'  |                 |        |                 |        |
| 12:00  |                 |         | V-POWER         | E1 45'  |                 |         | DANCE           | E1 45'  |                 |         |                 |        |                 |        |
| 12:15  | PILATES         | E1 45'  |                 |         | YOGA            | E1 45'  |                 |         |                 |         |                 |        |                 |        |
| 12:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 13:15  |                 |         | CROSS WOD       | TOS 30' |                 |         | CROSS WOD       | TOS 30' |                 |         |                 |        |                 |        |
| 13:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 14:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 15:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 15:30  |                 |         |                 |         |                 |         | CROSS WOD       | TOS 30' |                 |         |                 |        |                 |        |
| 15:45  | V-POWER         | E1 45'  |                 |         |                 |         |                 |         |                 |         |                 |        |                 |        |
| 16:00  |                 |         | CYCLING         | E2 45'  | CYCLING         | E2 45'  | CYCLING         | E2 45'  |                 |         |                 |        |                 |        |
| 16:15  | VIRTUAL CYCLING | E2 45'  |                 |         |                 |         |                 |         | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 16:30  |                 |         | FIT MOVES       | E1 45'  |                 |         | GAP             | E1 45'  |                 |         |                 |        |                 |        |
| 16:45  | CROSS WOD       | TOS 30' |                 |         | CROSS WOD       | TOS 30' |                 |         |                 |         |                 |        |                 |        |
| 17:00  | CYCLING         | E2 45'  |                 |         |                 |         |                 |         |                 |         |                 |        |                 |        |
| 17:15  |                 |         |                 |         |                 |         | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 17:30  | GAP             | E1 45'  | PILATES         | E1 45'  | V-POWER         | E1 45'  | V-FIGHT         | E1 45'  | V-MIND          | E1 45'  |                 |        |                 |        |
| 18:00  | CYCLING         | E2 45'  | CYCLING         | E2 45'  | CYCLING         | E2 45'  |                 |         |                 |         |                 |        |                 |        |
| 18:15  |                 |         |                 |         |                 |         | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 18:30  | YOGA            | E1 45'  | V-FIGHT         | E1 45'  | V-FIGHT         | E1 45'  | PILATES         | E1 30'  | V-POWER         | E1 45'  |                 |        |                 |        |
| 19:00  |                 |         | CYCLING         | E2 45'  |                 |         |                 |         |                 |         |                 |        |                 |        |
| 19:15  |                 |         |                 |         | CROSS WOD       | TOS 30' | CYCLING         | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45' | VIRTUAL CYCLING | E2 45' |
| 19:30  | V-POWER         | E1 45'  | CROSS WOD       | TOS 30' | V-MIND          | E1 45'  | HYBRID WOD      | TOS 30' | CYCLING         | E2 45'  |                 |        |                 |        |
| 20:00  | CYCLING         | E2 45'  | DANCE           | E1 45'  | CYCLING         | E2 45'  | DANCE           | E1 45'  |                 |         |                 |        |                 |        |
| 20:30  |                 |         | V-POWER         | E1 45'  | GAP             | E1 45'  | FIT MOVES       | E1 45'  |                 |         |                 |        |                 |        |
| 20:15  |                 |         | VIRTUAL CYCLING | E2 45'  |                 |         | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  |                 |        |                 |        |
| 20:45  | HYBRID WOD      | TOS 30' |                 |         |                 |         |                 |         |                 |         |                 |        |                 |        |
| 21:15  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  | VIRTUAL CYCLING | E2 45'  |                 |        |                 |        |



# QUERERSE MÁS EMPIEZA AQUÍ

Reserva tu clase en la App VivaGym



VivaGym tiene todos los derechos reservados, y se reservará cualquier modificación del horario por motivos externos.



Uso obligatorio de toalla.



No se podrá acceder a la sala una vez pasados los primeros cinco minutos.

CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACION VIRTUAL

FUNCIONAL

COREOGRAFIADAS

ABDOMINALES

THE BOXER CLUB

RESERVA TU CLASE DESDE TU AREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM