



HORARIO ACTIVIDADES DIRIGIDAS

VIVAGYM SAN VICENTE

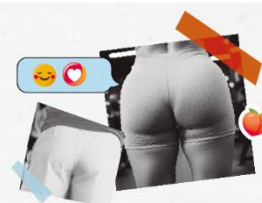


FECHA INICIO: 7/1

INICIO	LUN	MAR	MIÉ	JUE	VIE	SÁB	DOM	
6:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING			6:15
7:30	V-CROSS	V-POWER	VIRTUAL POWER	PILATES	VIRTUAL POWER			7:30
7:30	VIRTUAL CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING			7:30
8:30	V-POWER	V-MIND	PILATES	GAP	VIRTUAL FIGHT	VIRTUAL BURN	VIRTUAL POWER	8:30
8:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	8:30
9:30	VIRTUAL BURN	V-FIGHT	ZUMBA	CYCLING	ZUMBA	VIRTUAL MIND	VIRTUAL BURN	9:30
9:30	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL MIND	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	9:30
10:30	ZUMBA	PILATES	GAP	V-POWER	PILATES	V-POWER	VIRTUAL MIND	10:30
10:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	10:30
11:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL POWER	11:30
12:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL POWER	VIRTUAL CYCLING	12:30
13:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	13:30
14:30	VIRTUAL POWER	VIRTUAL CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING			14:30
14:30	HYBRID WOD	V-POWER	V-BURN	VIRTUAL MIND	GAP	VIRTUAL CYCLING	VIRTUAL CYCLING	14:30
15:00	ABD							15:00
15:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	15:30
16:30	VIRTUAL CYCLING	VIRTUAL MIND	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	16:30
17:00		V-BOXING		V-HYBRID				17:00
17:30				ABD		VIRTUAL CYCLING	VIRTUAL CYCLING	17:30
17:30	V-POWER	V-BURN	PILATES	V-MIND	GAP	VIRTUAL CYCLING	VIRTUAL CYCLING	17:30
18:00	CYCLING	CYCLING	VIRTUAL CYCLING	V-BOXING	CYCLING			18:00
18:00	V-HYBRID	V-HYBRID	V-CROSS					18:00
18:30	ABD	ABD				VIRTUAL POWER	VIRTUAL MIND	18:30
18:30	PILATES	ZUMBA	V-POWER	ZUMBA		VIRTUAL CYCLING	VIRTUAL CYCLING	18:30
19:00	CYCLING	CYCLING	CYCLING	CYCLING	V-POWER			19:00
19:00		V-CROSS			VIRTUAL CYCLING			19:00
19:30	V-FIGHT	V-POWER	ZUMBA	PILATES	V-CROSS	VIRTUAL MIND	VIRTUAL POWER	19:30
19:30						VIRTUAL CYCLING	VIRTUAL CYCLING	19:30
20:00	CYCLING	V-RUN	CYCLING	VIRTUAL CYCLING	V-YOGA			20:00
20:00	V-HYBRID	VIRTUAL CYCLING		V-HYBRID	VIRTUAL CYCLING			20:00
20:30	ABD			ABD				20:30
20:30	ZUMBA	V-MIND	V-YOGA	V-POWER				20:30
21:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING			21:00
21:00		V-HYBRID	V-HYBRID					21:00
21:30	GAP	ABD	ABD					21:30
21:30		GAP						21:30

QUERERSE MÁS EMPIEZA AQUÍ

Reserva tu clase en la App VivaGym



VivaGym tiene todos los derechos reservados, y se reservará cualquier modificación del horario por motivos externos.



Uso obligatorio de toalla.



No se podrá acceder a la sala una vez pasados los primeros cinco minutos.

CUERPO-MENTE

CARDIO

CYCLING

TONIFICACIÓN

CUERPO-MENTE VIRTUAL

CARDIO VIRTUAL

CYCLING VIRTUAL

TONIFICACION VIRTUAL

FUNCIONAL

COREOGRAFIADAS

ABDOMINALES

RESERVA TU CLASE DESDE TU AREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM