



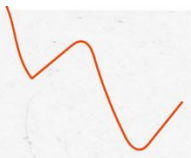
HORARIO ACTIVIDADES DIRIGIDAS

VIVAGYM SARRIKO



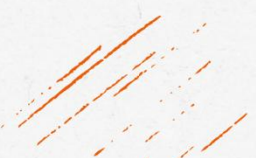
FECHA INICIO: 07/01

INICIO	LUN	MAR	MIÉ	JUE	VIE	SÁB	DOM
6:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
7:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
7:15	CROSS WOD		HYBRID WOD				
7:15		V-POWER		GAP			
8:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
8:15				V-POWER			
9:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
9:15	V-POWER	GAP	V-POWER		DANCE	VIRTUAL V-MIND	VIRTUAL V-POWER
10:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
10:15	PILATES	V-POWER	DANCE	V-FIGHT	PILATES	VIRTUAL V-BURN	VIRTUAL V-BURN
11:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
11:15	DANCE		PILATES		V-POWER	V-POWER	VIRTUAL V-MIND
12:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
12:15	VIRTUAL V-BURN	VIRTUAL V-MIND	VIRTUAL V-FIGHT	VIRTUAL V-POWER		V-FIGHT	VIRTUAL V-FIGHT
13:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
14:30	V-POWER		GAP		VIRTUAL V-MIND	VIRTUAL CYCLING	VIRTUAL CYCLING
15:30		CROSS WOD		CROSS WOD	VIRTUAL V-FIGHT		
16:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
16:30	VIRTUAL V-FIGHT	VIRTUAL V-POWER	VIRTUAL V-BURN	VIRTUAL V-MIND	VIRTUAL V-POWER		
17:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
17:30	V-POWER	PILATES	GAP	V-BURN	V-POWER	VIRTUAL V-FIGHT	VIRTUAL V-POWER
18:00		CROSS WOD		CROSS WOD			
18:15	CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
18:30	V-BURN	V-POWER	DANCE	V-POWER	V-FIGHT	VIRTUAL V-POWER	VIRTUAL V-BURN
18:30		ABS		ABS			
19:15	CYCLING	CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
19:30	CROSS WOD		CROSS WOD				
19:30	V-FIGHT	DANCE	V-BURN	PILATES	VIRTUAL V-POWER		
20:00	ABS		ABS				
20:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
20:30	V-MIND	V-FIGHT	V-POWER	VIRTUAL V-BURN	VIRTUAL V-FIGHT		
21:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
21:30	VIRTUAL V-BURN	VIRTUAL V-FIGHT	VIRTUAL V-MIND	VIRTUAL V-POWER	VIRTUAL V-BURN		



QUERERSE MÁS EMPIEZA AQUÍ

Reserva tu clase en la App VivaGym





VivaGym tiene todos los derechos reservados, y se reservara cualquier modificacion del horario por motivos externos.



Uso obligatorio de toalla.



No se podra acceder a la sala una vez pasados los primeros cinco minutos.

CUERPO-MENTE	CYCLING	COREOGRAFIADAS
CUERPO-MENTE VIRTUAL	CYCLING VIRTUAL	FUNCIONAL
CARDIO	TONIFICACIÓN	ABDOMINALES
CARDIO VIRTUAL	TONIFICACIÓN VIRTUAL	

RESERVA TU CLASE DESDE TU ÁREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM