



HORARIO ACTIVIDADES DIRIGIDAS VIVAGYM PARQUE CENTRAL



FECHA INICIO: 7/1

INICIO	LUN	MAR	MIÉ	JUE	VIE	SÁB	DOM
6:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
7:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
7:30	VIRTUAL POWER	VIRTUAL MIND	VIRTUAL BURN	VIRTUAL POWER	VIRTUAL MIND		
8:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
8:30	VIRTUAL MIND	VIRTUAL POWER	VIRTUAL MIND	VIRTUAL BURN	VIRTUAL FIGHT		
9:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
9:30	GAP	ZUMBA	STRETCHING	GAP	STRETCHING	VIRTUAL BURN	VIRTUAL POWER
10:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
10:30	V-POWER	STRETCHING	V-POWER	STRETCHING	GAP	VIRTUAL FIGHT	VIRTUAL MIND
11:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
11:30	STRETCHING	VIRTUAL POWER	VIRTUAL FIGHT	VIRTUAL MIND	VIRTUAL BURN	VIRTUAL POWER	VIRTUAL FIGHT
12:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
13:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
14:15	V-POWER	VIRTUAL FIGHT	V-POWER	V-BURN	VIRTUAL MIND		
14:15	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
15:30	VIRTUAL POWER	VIRTUAL MIND	VIRTUAL FIGHT	VIRTUAL MIND	VIRTUAL POWER		
17:00	PILATES	V-POWER	V-MIND	GAP	ZUMBA		
17:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
18:00	ZUMBA	V-MIND	V-POWER	V-YOGA	V-POWER	VIRTUAL MIND	VIRTUAL POWER
18:15	VIRTUAL CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
19:00	V-FIGHT	ZUMBA	STRETCHING	V-BURN	PILATES	VIRTUAL POWER	VIRTUAL BURN
19:15	CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
20:00	VIRTUAL POWER	VIRTUAL MIND	VIRTUAL BURN	VIRTUAL MIND	VIRTUAL POWER		
20:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
21:00	VIRTUAL MIND	VIRTUAL POWER	VIRTUAL MIND	VIRTUAL BURN	VIRTUAL FIGHT		
21:15	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		

QUERERSE MÁS EMPIEZA AQUÍ

Reserva tu clase en la App VivaGym

- VivaGym tiene todos los derechos reservados, y se reservara cualquier modificacion del horario por motivos externos.
- Uso obligatorio de toalla.
- No se podra acceder a la sala una vez pasados los primeros cinco minutos.

CUERPO-MENTE	CYCLING	COREOGRAFIADAS
CUERPO-MENTE VIRTUAL	CYCLING VIRTUAL	FUNCIONAL
CARDIO	TONIFICACIÓN	ABDOMINALES
CARDIO VIRTUAL	TONIFICACIÓN VIRTUAL	

RESERVA TU CLASE DESDE TU AREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM