



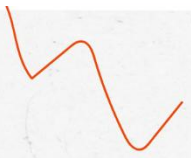
HORARIO ACTIVIDADES DIRIGIDAS

VIVAGYM DR MARAÑON



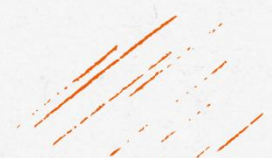
FECHA INICIO: 7/01

INICIO	LUN	MAR	MIÉ	JUE	VIE	SÁB	DOM
7:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
7:00	VIRTUAL V-BURN	VIRTUAL V-POWER	VIRTUAL V-MIND	VIRTUAL V-FIGHT	VIRTUAL V-BURN		
8:00	CROSS WOD	CYCLING	V-BURN	CYCLING	HYBRID WOD		
8:30	ABS				ABS		
9:30	V-POWER	PILATES	HYBRID WOD	GAP	V-POWER	VIRTUAL V-BURN	VIRTUAL V-POWER
10:30	V-YOGA	V-POWER	PILATES	V-YOGA	GAP	VIRTUAL V-MIND	VIRTUAL CYCLING
11:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
12:00	VIRTUAL V-FIGHT	VIRTUAL V-MIND	VIRTUAL V-POWER	VIRTUAL V-BURN	VIRTUAL V-MIND	CROSS WOD	VIRTUAL V-BURN
12:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
13:00	VIRTUAL V-BURN	VIRTUAL V-FIGHT	VIRTUAL V-MIND	VIRTUAL V-POWER	VIRTUAL V-BURN	VIRTUAL V-POWER	VIRTUAL V-MIND
13:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
14:30	CROSS WOD	CYCLING	V-POWER	CYCLING	HYBRID WOD	VIRTUAL CYCLING	VIRTUAL CYCLING
15:30	V-POWER	PILATES	HYBRID WOD	VIRTUAL V-MIND	VIRTUAL V-POWER	VIRTUAL V-FIGHT	VIRTUAL V-BURN
16:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
17:00	ZUMBA	V-MIND	PILATES		V-POWER	VIRTUAL V-MIND	VIRTUAL V-POWER
17:00	HYBRID WOD	CROSS WOD	HYBRID WOD	HYBRID WOD			
17:30	ABS	ABS	ABS	ABS			
17:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
18:00	GAP	ZUMBA	V-POWER	V-BURN	ZUMBA	VIRTUAL V-BURN	VIRTUAL V-MIND
18:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
19:00	PILATES	V-POWER	V-FIGHT	CROSS WOD	VIRTUAL V-BURN	VIRTUAL V-POWER	VIRTUAL V-FIGHT
19:30	CYCLING	CYCLING	CYCLING	CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
20:00	V-POWER	VIRTUAL V-FIGHT	VIRTUAL V-MIND	VIRTUAL V-POWER	VIRTUAL V-MIND		
20:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
21:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		



QUERERSE MÁS EMPIEZA AQUÍ

Reserva tu clase en la App VivaGym





VivaGym tiene todos los derechos reservados, y se reservara cualquier modificacion del horario por motivos externos.



Uso obligatorio de toalla.



No se podra acceder a la sala una vez pasados los primeros cinco minutos.

CUERPO-MENTE	CYCLING	COREOGRAFIADAS
CUERPO-MENTE VIRTUAL	CYCLING VIRTUAL	FUNCIONAL
CARDIO	TONIFICACIÓN	ABDOMINALES
CARDIO VIRTUAL	TONIFICACIÓN VIRTUAL	

RESERVA TU CLASE DESDE TU AREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM