



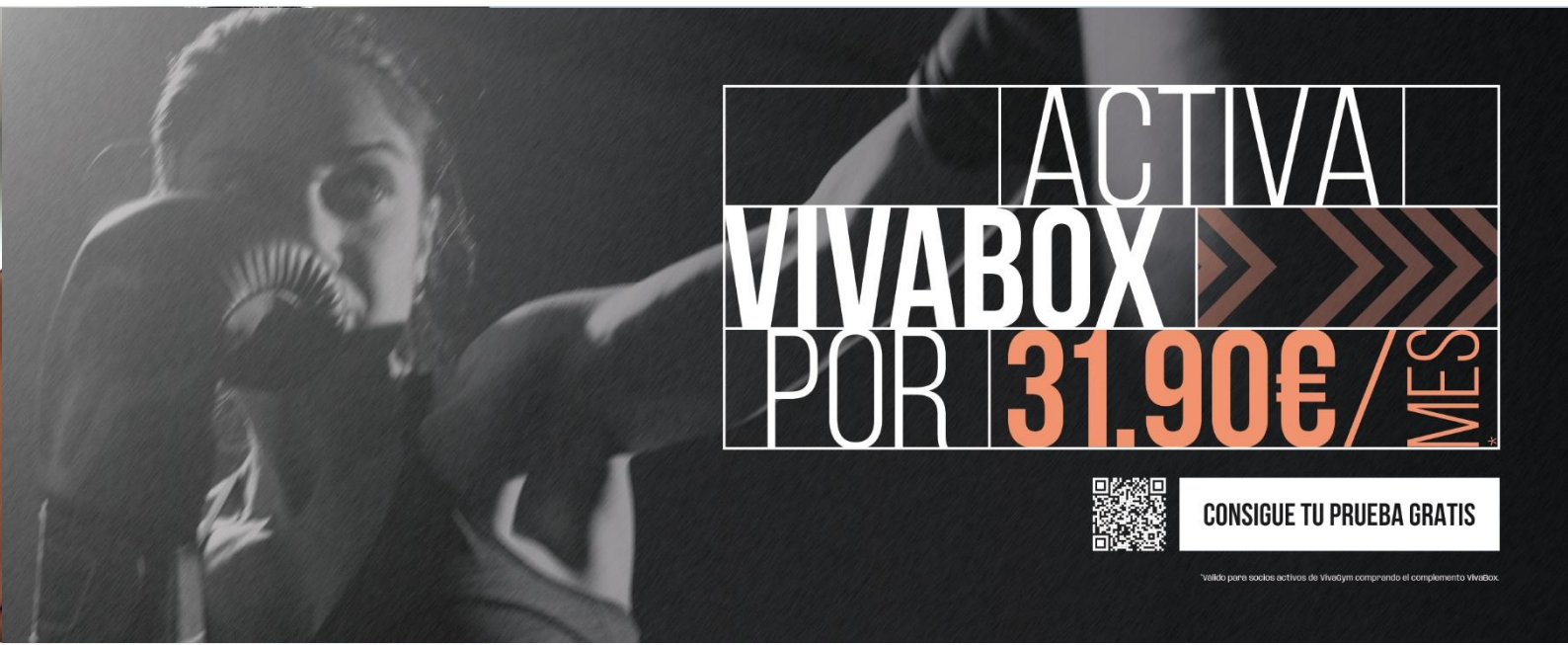
HORARIO ACTIVIDADES DIRIGIDAS

VIVAGYM ALBERTO AGUILERA



FECHA INICIO: 11/05

| INICIO | LUN | MAR | MIÉ | JUE | VIE | SÁB | DOM |
|--------|-----------------|---------------------|-----------------|---------------------|-----------------|-----------------|-----------------|
| 7:15 | CYCLING | V-POWER | V-BURN | GAP | VIRTUAL CYCLING | | |
| 8:15 | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | | |
| 8:30 | | V-CROSS | | V-CROSS | | | |
| 9:30 | V-CROSS | V-BURN | V-POWER | V-POWER | PILATES | | |
| 9:30 | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | | |
| 10:30 | | V-MIND | PILATES | V-BURN | V-POWER | V-POWER | |
| 10:30 | CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | | |
| 10:30 | THE BOXER CLUB | | THE BOXER CLUB | | THE BOXER CLUB | | |
| 11:30 | PILATES | V-POWER | GAP | | | FIT MOVES | V-POWER |
| 11:30 | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 12:30 | | V-FIGHT | V-POWER | | | CYCLING | FIT MOVES |
| 12:30 | | | | | | | VIRTUAL CYCLING |
| 14:00 | ABS | | ABS | | | ABS | |
| 14:00 | V-CROSS | V-CROSS | V-CROSS | | | | |
| 14:30 | GAP | PILATES | FIT MOVES | V-POWER | GAP | | |
| 14:30 | THE BOXER CLUB | | THE BOXER CLUB | | THE BOXER CLUB | | |
| 14:30 | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 15:30 | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 16:00 | | V-POWER | | | | | |
| 16:30 | V-CROSS | | V-CROSS | | | | |
| 17:00 | THE BOXER CLUB | | THE BOXER CLUB | | THE BOXER CLUB | | |
| 17:00 | V-POWER | PILATES | V-POWER | | | | |
| 17:15 | VIRTUAL CYCLING | VIRTUAL CYCLING | CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 17:30 | V-CROSS | V-CROSS | ABS | | | | |
| 18:00 | PILATES | V-POWER | PILATES | GAP | FIT MOVES | | |
| 18:00 | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | | |
| 18:15 | CYCLING | CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING |
| 18:30 | ABS | V-CROSS | V-CROSS | | | | |
| 19:00 | | RUN CLUB MADRID RIO | | RUN CLUB MADRID RIO | | | |
| 19:00 | GAP | FIT MOVES | V-POWER | V-POWER | PILATES | | |
| 19:00 | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | | | |
| 19:15 | CYCLING | CYCLING | CYCLING | CYCLING | VIRTUAL CYCLING | | |
| 20:00 | V-FIGHT | V-POWER | V-FIGHT | PILATES | | | |
| 20:00 | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | THE BOXER CLUB | | | |
| 20:15 | CYCLING | CYCLING | CYCLING | CYCLING | VIRTUAL CYCLING | | |
| 21:00 | PILATES | GAP | V-POWER | | | | |
| 21:00 | | THE BOXER CLUB | | THE BOXER CLUB | | | |
| 21:15 | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | VIRTUAL CYCLING | | |



ACTIVA
VIVABOX
 POR **31.90€** / MIES



CONSIGUE TU PRUEBA GRATIS

*Válido para socios activos de Vivagym comprando el complemento VivaBox.

- VivaGym tiene todos los derechos reservados, y se reservara cualquier modificacion del horario por motivos externos.
- Uso obligatorio de toalla.
- No se podra acceder a la sala una vez pasados los primeros cinco minutos.

| | | |
|----------------------|----------------------|----------------|
| CUERPO-MENTE | CYCLING | COREOGRAFIADAS |
| CUERPO-MENTE VIRTUAL | CYCLING VIRTUAL | FUNCIONAL |
| CARDIO | TONIFICACION | ABDOMINALES |
| CARDIO VIRTUAL | TONIFICACION VIRTUAL | THE BOXER CLUB |

RESERVA TU CLASE DESDE TU AREA DE CLIENTE EN VIVAGYM.ES O EN LA APP VIVAGYM